Activity Aide Overview

Welcome to ENN



Megan
Activities Coordinator
Been part of ENN
since 2009

Rayna
Director
Been part of ENN
since 2007



Ashley
Director
Been part of ENN
since 2010



What Do Activity Aides Do?

- Run point on all our activities!
 - Arts & Crafts, the Dance!, Jumpy Houses, Petting Zoo, Horseback Riding, and more.
- Serve meals to your cabin tables at mealtimes
 - You are the best waiters and waitresses around! You ensure your cabin is fed making sure the counselors get a chance to eat and that they have everything they need for their camper to eat, too.
- Support counselors and their campers
 - From bouncing in the jumpy houses, to encouraging a camper to try something new, to retrieving a lost toy from the Dining Hall, you do it all!

What To Expect As An Activity Aide?

- Campers LOVE you! They honestly think you are the *coolest*, most fun people ever.
- You're stealthy. You're the first one up and the last one into your cabin each day.
- Mealtimes are organized chaos. We'll go over it in person, but your job is to make sure your campers and counselors have what they need, wherever they are.
- You're going to have long days. Please let me know if you need a break, don't feel well, etc. At camp, I am personally 80% fueled by coffee.
- You are going to create amazing friendships with each other, with campers, and with counselors.
- You secretly have the best role at camp.

What Does A Day At Camp Look Like?

A Sample Morning

7:30am Wake Up Calls

8:00am Breakfast in Dining Hall

9:00am - 11:30am Horseback Riding

9:00am - 11:45am Arts & Crafts Yurt Open

9:30am - 10:30am Therapy Dogs

10:00am - 11:00am Yoga

10:30am - 11:30am Fire Truck Visit

A Sample Afternoon

2:00pm - 3:00pm Foam Pit

2:30pm - 4:30pm Petting Zoo

4:00pm - 5:00pm Magic Show

5:00pm - 6:00pm Bingo

6:00pm Dinner in Dining Hall

7:00pm - 8:00pm Campfire & S'mores

Activity Responsibilities

 Our activities depend on you to keep them running smoothly and enjoyable for our campers. Some activities require less hands-on work than others, but our vendors, visitors, and counselors know to come to you for assistance.

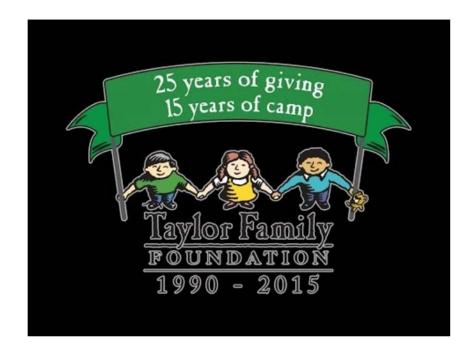






Our Campsite

- ENN is at Camp Arroyo, hosted by the Taylor Family Foundation.
- We have 12 cabins with bathrooms, showers, and A/C!
- You'll get a <u>camp map</u> when you arrive, but here are some places to know about:



- o **Dining Hall:** where all our meals, some activities, and our Dance takes place.
- Upper Lawn: between Dining Hall and cabins, where Petting Zoo occurs
- Lower Lawn: in front of Dining Hall, where jumpy houses and games are
- Sports Court: open anytime, by the lower parking lot.
- **Meadow:** when on schedule, follow the path from the Dining Hall, past the gate entrance, and down to the grassy meadow! Horses arrive here.

Our Campsite, Part 2

- A few more places to know:
 - Arts & Crafts Yurt: available all day, a great place to relax and make some amazing artwork for your camper to take home!
 - Pool: summer only:)
 - o **Infirmary:** open for morning, midday, dinner time, and nighttime meds, and available any other time by calling one of our nurses.
 - **Ropes Course:** when on the schedule, it's the hike up past the cabins where the Zip Line and Rock Wall are.
 - O Day Break: furthest cabin on the right in the second row. Each full day at camp, you get two 30-minute breaks. Bring your camper here and check in with the staff when you arrive!
 - Up All Night: furthest cabin on the right in the second row (Day Break during the day). If your camper is disruptive or not sleeping after you try for 30 minutes, bring your camper, sleeping bag, and a change of clothes to this cabin. Check in with the staff there, drop off your camper, and head back to your cabin to sleep. Arts & Crafts Yurt: open all day,

Our Campers

Our campers represent a wide range of disabilities, but have many ABILITIES too! Please get to know our campers by who they are, and not by how their disability defines them.

While people-first language is not a requirement, it's a sign of respect when sharing stories about our population and camp.

PEOPLE FIRST LANGUAGE

We want our guests to know they are the most valuable and important people in the room. People first language aims to avoid perceived and subconscious dehumanization when discussing people with disabilities. To prevent unintentionally offending someone, we have provided a list of terms to avoid:

OFFENSIVE TERMS

- Handicapped
- Disabled
- Retarded
- Crippled or Quadriplegic
- Deaf and Dumb
- Mentally Different
- Autistic
- Epileptic
- Diseased
- Wheelchair-bound

- Emotionally Disturbed
- Normal or Healthy Kids
- Dwarf or Midget
- A "Patient"
- A "Case" or "Client"
- Slow
- Infirmed
- Unfortunate
- "Suffers from"
- "Victim of"

OFFENSIVE PHRASES

Also, here are a few ways you can respectfully reword phrases:

- Instead of "a disabled person," say "a person with disabilities"
- Instead of "a special needs person," say "a person with special needs"
- Instead of "wheelchair-bound person," say "a person in a wheelchair"
- Instead of "autistic person," say "a person with autism"
- Instead of "dwarf or midget," say "a person of short stature"
- Instead of "normal or healthy kids," say "typical kids or kids without disabilities"

A Few Do's and Don'ts

Do:

- Be flexible!
- Be where you are supposed to be. (For safety and for activity management)
- Dress appropriately. No short shorts, spaghetti straps, crop tops, etc. (Ladies, no bra straps showing or inappropriate dresses, either)
- Put yourself out there to interact with all campers and counselors.
- Report any uncomfortable situations to me or another leadership member ASAP.

Please Don't:

- Use the 'R-Word'. Our campers have special needs, but they are not retarded.
- Post pictures of our campers on social media. (More on this later).
- Be on your phone instead of interacting with campers.
- Allow an uncomfortable situation to escalate.

Paperwork

- A few weeks before camp, I will send you a link to electronically sign paperwork. If you are under 18, your parent must fill out the paperwork on your behalf.
 - These forms must be completed by the time you arrive at camp.
- Please bring any Community Service forms you need signed to camp. I will sign them on your last day.

Packing!



- Official packing list from ENN is on our website.
 - Please note, no hard suitcases/rolling suitcases are allowed at camp. You should aim to limit your packing to: 1 duffel or soft suitcase, a sleeping bag & pillow (or bed sheets), and 1 small day pack (if you prefer)
- There is no food allowed in your cabins!
- All medicines *must* stay in the Infirmary cabinets. No exceptions.
- Please feel free to bring a musical instrument and/or your own camera!

Arriving at Camp

- Camp is held at Camp Arroyo Taylor Family
 Foundation at 5555 Arroyo Road, Livermore, CA.
 - O Driving directions can be on our website
 - Specific arrival times will be sent one week before camp.
- When you arrive, we'll collect paperwork, have a short training, review schedules, tour the campsite, and prepare for camper arrival!



Communication

• Leading up to camp, my primary source of communication will be via email. Please check your email regularly and respond in a timely manner.



We Love Our Activity Aides!

