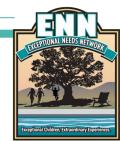
# **Counselor Overview**

Exceptional Needs Network



# What is Exceptional Needs Network?



### What Do Counselors Do?

- You are paired 1:1 (occasionally 2:1) with a camper for the entire duration of camp
  - Our campers are individuals with special needs, ages 6-22.
  - You are responsible for their safety and well-being while at camp.
- Interact with your camper at all times.
- Provide basic daily hygiene care for your camper.
- Ensure your camper is having fun!

You make sure your camper:	
1	Takes their daily medicine (if applicable)
1	Eat and drink liquids regularly throughout the day
<b>✓</b>	Attends and participates in some of our various activities. Maybe try something new!
1	Uses the bathroom and washes self frequently
1	Goes to bed on time
1	Wears his/her name tag
1	Has FUN!

## What To Expect As A Counselor?

- Campers LOVE you! You are their best friend, partner-in-crime, and buddy for all of camp!
- Mealtimes are organized chaos. Rest assured, your Activity
   Aides will make sure you and your camper get the food and desserts you need.
- You are not alone. If you are ever stuck, need some help, or even need a break, please come find one of us. We have been in your shoes for many years, and we are here to help you!
- You are going to create amazing, lasting friendships with each other and with our campers.



## What To Expect As A Counselor? Continued

#### Day Break/Up All Night Cabin

- We have a designated cabin to support you and your camper at all times.
- Each full day at camp, you get two 30-minute breaks where you can bring your camper to this supervised Day Break Cabin. They get to have fun, relax, or play games with the volunteers and staff while you can have a break as well!
- At night, the cabin becomes the Up All Night Cabin. If your camper is having trouble sleeping or disrupting others in the cabin, you can bring them here - where they will stay supervised all night, while you go back to your cabin for some shut-eye!

## What Does A Day At Camp Look Like?

A Sample Day every day is different
and filled with many
fun activities for
everyone!

7:30 am 8:00 am 9:00-11:00 am 9:00-11:45 am 9:30-10:00 am 10:00-11:00 am 10:30-11:30 am 12:00 1:00-2:00 pm 1:00-4:00 pm 2:00-3:00 pm 2:30-4:30 pm 4:00-5:00 pm 6:00 pm 7:00-8:00 pm

Wake Up Calls Breakfast in Dining Hall Horseback Riding Arts & Crafts Yurt Open Therapy Dogs Yoga Fire Truck Visit Lunch in Dining Hall Ooey Gooey Time Pool Open Foam Pit Petting Zoo Bingo Dinner in Dining Hall Campfire & S'mores

#### **Activities!**

- We create meaningful, jam-packed schedules for each session. While some campers want to stay at one activity all morning, other campers will want to visit every activity on the schedule. There's something for everyone!
- Activities include: Swimming Pool, Music Therapy, Animal Shows, Rock Wall & Zip Line, Ooey Gooey Time, Art Yurt, Basketball, and more!
- Activity Aides are high school volunteers who help manage all of our activities. Please see them (wearing yellow bandanas) should you ever have a question or need assistance while at an activity.



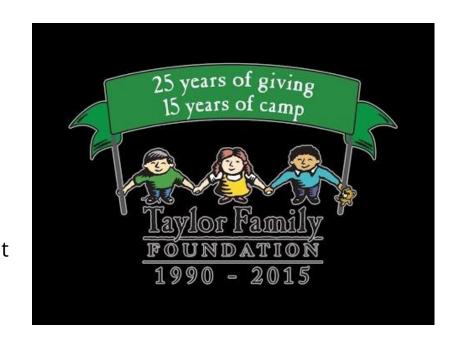






## **Our Campsite**

- ENN is at Camp Arroyo, hosted by the Taylor Family Foundation.
  - Located at 5555 Arroyo Road, Livermore, CA.
- We have 12 cabins with bathrooms, showers, and A/C!
- You'll get a camp map when you arrive, but we have a dining hall, meadow, sports court, upper lawn, lower lawn, cabins, garden, art yurt, ropes course, infirmary, and pool.



## **Our Campers**

Our campers represent a wide range of disabilities, but have many ABILITIES too! Please get to know our campers by who they are, and not by how their disability defines them. If you are curious about some of things you may see at camp, please refer to the last half of the Counselor Packet **here**.



#### **Offensive Terms:**

- Retarded
  - (Read more about how this is hurtful <u>here</u> & <u>here</u>)
- Normal Kids
- Midget
- Slow
- Crippled
- Deaf and Dumb
- Diseased
- A 'patient,' 'case', or 'client'

While **people-first language** is not a requirement, it's often a sign of respect when sharing stories about our population and camp. For example, saying 'a kid with autism' instead of 'an autistic kid'. Learn more <u>here</u>.

## **Paperwork & Communication**

- A few weeks before camp, we will send you paperwork to electronically sign (through CampMinder).
  - These forms must be completed by the time you arrive at camp.
- You will also be emailed a W4 to print, sign, and bring to camp. It's important to turn this in when you arrive so you can get paid!
- Leading up to camp, our primary source of communication will be via email. Please check your email regularly and respond in a timely manner.

## We Love Our Counselors!



Questions? Email rayna.enn@gmail.com

